



**March April 2015**

## All Juniors

All Juniors was a fantastic weekend for the Kilmore swimmers. After everyone who entered qualified in the heats at Seymour it was off to MSAC for the semi-finals and finals. On the Saturday we had Alex, Patrick, Karla, Niamh, James C, Emilie and Xavier all compete. After a chaotic warm up the swimmers were up to race; most swimmers swam PB's on the day which is always fantastic to see. All of the swimmers put in a great effort as they

always do. Xavier PB'ed in the Back (59.07) and the Breast (1:09.67), Niamh PB'ed in her Fly (56.84) and her Breast (1:02.49), Emilie PB'ed in her Fly (50.01), Back (47.98) and the free (37.18), Karla PB'ed in her Back (44.50), Alex PB'ed in the Fly (32.96), Back (39.44), Breast (45.16) and Free (30.78), James PB'ed in his Back (43.32) and Free (34.56) and Patrick PB'ed in his Fly (42.57), Back (43.57) and Free (32.75).

I must say we were most impressed with Patrick, Karla, James & Emilie swimming so well

after they swam the previous night at the Associated Grammar Schools Victoria (AGSV) competition. At the AGSV comp Emilie PB'ed in the Breast (46.46), Karla PB'ed in the Fly (44.50) and the Free (34.75), James C PB'ed in the Fly (45.34) and the Breast (44.00) and Patrick PB'ed in the Breast (42.50).

Well done to all of the swimmers who swam in the All Juniors competition, we know you all always swim your best and represent the club well.

Lynton.

## Pennants

It might be just me but the Pennant season seemed to go exceptionally quickly this year. With Bunnings barbecues on the first two pennant weekends and two cancelled pennants, it was an eventful season. The Kilmore team, as always, put in their all, always swimming their best and proudly representing their team. Unfortunately we are down on numbers and cannot fill some of the relays which hurts us points wise. Nevertheless the Kilmore

team still finished in third place behind the two larger clubs, Mansfield and Seymour respectively. However we did manage to bring home one of the flags in the female division; well-done girls, this is the first flag we have won for a few years.

We would like to thank all the swimmers who represented the club over the pennant season - you may have only had two swims at a pennant but every bit helps. Thank you to all of the parents and siblings who helped with timekeeping, marshalling,

officiating, compiling and just general organising - without your help our swimmers could not swim.

I would like to give a very special thank you from the Kilmore Swimming Club to Lisa Bess. Lisa works tirelessly over the summer as district secretary to organise all of the district meets. Without Lisa's input we would not have a summer season and probably would not have a district.

Lynton.

# My Experience at All Juniors

On the 21<sup>st</sup> of March I swam in the All Junior Heats along with about 6-7 other Kilmore swimmers. I competed all the events, but only made finals in fly and free. I was pretty nervous coming up to fly, even though I was ranked 2<sup>nd</sup> before the event even started, because we were all so close in our qualifying times. But luckily I did a PB of 33.14 which put me in first position by .58 and I was pretty stoked because I had never been in an All Junior final before. In the freestyle I qualified 6<sup>th</sup> fastest in the heats so I was pretty nervous about making finals because again we were all so close. I swam another PB getting a 30.95 and qualifying 4<sup>th</sup>. The whole day was pretty relaxed, but the atmosphere was electric when races were close.

On Finals day (the 22<sup>nd</sup>) to sum myself up, I was pretty much a nervous wreck. The warm-up was so much better though, because I pretty much had a whole lane to myself by the time I hopped in.

I felt really good in the warm-up, but I was still pretty nervous. Before coming to finals, I hadn't

realised that they introduce you before you start the race, so every race took FOREVER because after each person's name was read out, their club would shout like crazy at them. It was basically a Mexican wave of voices, except there was no order. Waiting in the marshalling was surprisingly relaxing because we were all talking about anything other than swimming, which passed time pretty well.

We had to wait a while at the blocks as there was a medal presentation before it, but it was worth it, it felt pretty good hearing my name called out in front of heaps of people.

I felt really powerful in the water, more than I've ever felt before and I'm pretty sure I forgot to breathe so I only took like one breath in the whole race. I guess all the hard training paid off because I got another PB of 32.96 and 2<sup>nd</sup> place by .07, but I didn't really care because I was too happy that I had medalled. The medal ceremony was pretty much straight after the event

finished. I had to hurry to get my stuff even though I wasn't allowed to and nearly missed the presentation. They announced the presentation on the loud speaker as well, and it also felt

pretty good. The medals were on this massive red velvet pillow. They took so many pictures that my mouth was sore afterwards from smiling so much but it was worth it. Thankfully freestyle was last so I had a while to wait. Eventually I think all the big clubs got sick of cheering every time one of their swimmers raced, as there was at least one of them in every event. I was a little less nervous coming up to the freestyle because I didn't really feel like I was expected to win because I was in lane 6, even though I still wanted to win.

In the freestyle, I also felt really good in the water, and when I touched the wall I was pretty sure I had gotten a PB. Turned out I was right as my time was 30.78 and even though I came 6<sup>th</sup>, you can't really ask for more than a PB so I was still pretty happy.

I am really grateful that Lynton came to the finals even though I was the only Kilmore swimmer, and made me feel really lucky and more reassured about my races.

## NT Championships

Two weeks ago Tamara and I went up to Darwin to compete in the 2015 Vorgee Northern Territory Open and Age State Championships, which was a four day meet starting on Thursday night. Tamara and I both did well in our events, both getting a few PB's, making finals and medalling in a couple of those finals. We both had such a fun time up there but can't wait for next year when hopefully a group of us from the club can go up to compete. Madi





# HAPPY BIRTHDAY

**MARCH**

**Karla Page**

**John Knight**

**Lynton Pyle**

**APRIL**

**Tamara Bess**

**Dylan Mills**

## Calendar

### Term 2 Training Commences Competitive

Tuesday 5th May 2015\*

### Non- competitive

Tuesday 5th May 2015\*

### Kilmore Club Championships

Sunday 29th March

### Annual Presentation Night

Friday 1st May 6:30 dinner  
Trackside

### Bunnings BBQ Craigieburn Fundraiser

Sunday 3rd May

### Bunnings BBQ Epping Fundraiser

Saturday 11th July

### Committee meeting with Patrick Moriarty

Development of KSC Strategic Plan  
Sunday 12th April  
10 —1pm Kilmore

Sunday 3rd May  
10—12pm Wallan

### Vic Institute of Sport Tour

{and social get together afterwards}  
Sunday 17th May 10 —12

\*Dates subject to change

Hello, I'm **Ethan Daws**. I'm 17 years of age. I'm completing year 12 at Assumption College Kilmore, I had a kidney transplant on May 2011 which has made me eligible to swim under the multiclass section S16 (transplant recipient).

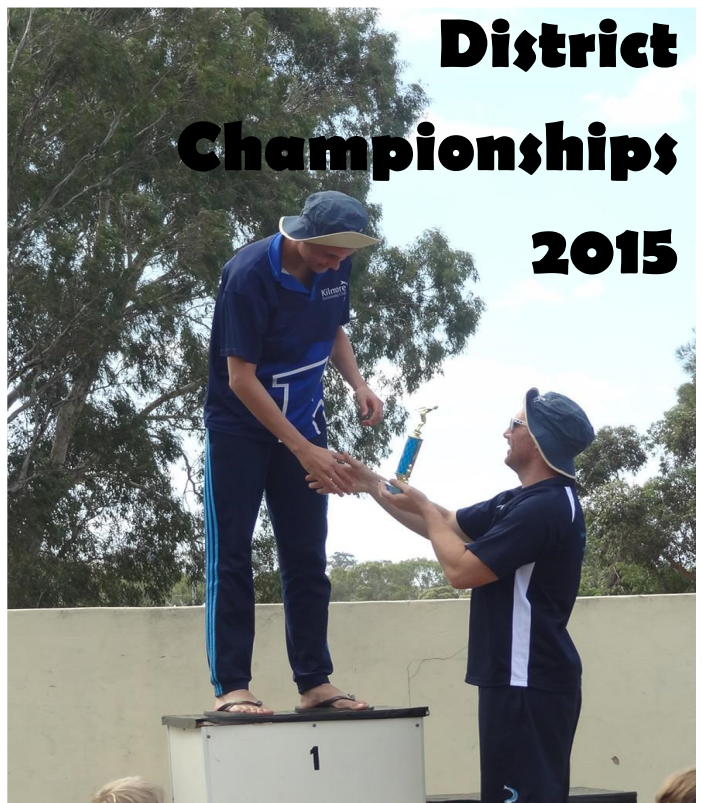
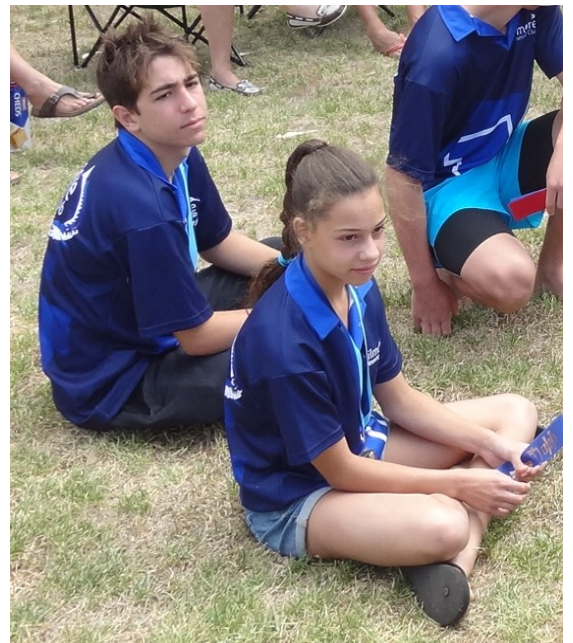
Last year I was invited to participate in the Swimming Victoria Development Program (multiclass squad). My ultimate goal is to be the first S16 swimmer in the Paralympics to represent Australia.

This year I have qualified for The Georgina Hope Foundation Australia Age Championship Swim in Sydney on the 19th-20th April 2015 to swim in 4 events — 50m freestyle, 50m breaststroke, 50m butterfly and 100m freestyle. In the last few weeks I have swum at MSAC and DVE in the hope that I may have qualified to compete in the 50m freestyle and 50m butterfly at the 2015 Hancock Prospecting Australian Swimming Championships in Sydney on 4th-5th April 2015. On the 22/3/15 I will be competing in the National Preparation swimming meet at MSAC. On the 28/3/15 I will be attending another Multiclass Development Day. Then it's off to Sydney.

Outside of swimming, I support Make a Wish, Kidney Health Australia, Transplant Australia, Royal Children's Hospital and am often a guest speaker for them. I enjoy motorbike riding, waterskiing and camping.







# District Championships 2015







If I could  
swap places  
with anyone  
for a day I'd  
choose  
Barack  
Obama

When I  
finish school  
I want to be  
a structural  
engineer.

My dad is my  
role model

The silliest  
thing I've  
ever done  
was falling  
off my chair  
at school.

If I could have  
any animal in  
the world and  
shrink it down  
to a mouse  
sized pet, I'd  
choose a T-Rex

When I'm  
an adult  
I'll be  
awesome  
at cooking!

If I could  
choose a  
new name,  
it would  
be... James  
Bond!

My  
favourite  
place in  
the world  
is my  
house.

# WHO AM I?

Have **you** sent **your** swimmer profile back to Claire or Sharon?

Do you have an entry in the best  
Club Bucket Hat Photo Competition?

