Kilmore Swimming Club Inc.

P.O. Box 345, Kilmore, Victoria 3764 www.kilmoreswimmingclub.org.au A0019609H ABN 33 126 679 264



Non Competitive Squad

Information correct at May 2013

Please find below training details for the Non Competitive Squad. All swimmers are required to be financial members for the Kilmore Swimming Club in order to take part in all training and intra club competitions.

Head Coach: Jennifer Lonie

coaches@kilmoreswimmingclub.org.au

Pool Locations

Kilmore Leisure Centre (KLC) - White Street Kilmore

Training Schedule

Tuesday - 7:00 pm to 8:00 pm

Attendance

If swimmers are unable to attend any of the sessions they are to notify the coach in advance either by text message or email. We ask that swimmers arrive at training with enough time to organise themselves so they can complete the entire training session.

Equipment

All squad members are required to bring goggles, fins (short), pull buoy and water bottle (full with water). Swimmers with long hair must wear a cap; swimmers with short are encouraged to wear a cap although it is not mandatory.

Squad Charges

The training fee for this squad is \$10 per week and is charged either per term or in 4 week blocks.

Term Fee Conditions

Participation in this squad is considered to be annual, therefore fees will be charged regardless of a swimmers attendance. Exceptions may be made for prolonged absence (more than two weeks) through injury, illness or family commitments.

Adjustments to Squad Accounts

If a swimmer suffers a serious injury or illness as per the above, they may be eligible for a discount on their next month's fees. To be eligible for a discount a Fee Adjustment Form must be filled in and handed in the club treasurer along with a copy of the doctor's certificate (for privacy reasons the illness or injury may be blacked out). This will then be tabled at the following committee meeting for evaluation.

Exiting the Squad

If a swimmer no longer wishes to be part of the squad formal notification in writing must be forwarded to both the Head Coach and Treasurer, email is the preferred medium.

Why join?

As a member of the Kilmore Swimming Club you will be a member of Swimming Victoria and eligible for their Members Rewards program. In addition to this you are welcome to participate in our social activities, intra club competition, club run stroke clinics and other club events. There's a lot more to the club than just swimming up and down the pool.